kg/mm² and above ire as a result

then at stresses of 0.6 kg/mm2 or above there are distinct sections of steady-state creep, for which the Tow rates are very high. This shows that, even at low temperatures, recovery processes take place in lithium under conditions of slow plastic deformation. The most probable mechanism of recovery in lowtemperature creep is the activationless process of the detachment of dislocation pile-ups, such as grainslock boundaries and interfaces, from obstacles. Thus the steady-state stage of creep can be represented a successive alternation of horizontal and vertical sections.

b

FIG. 6. Development of slip bands at the steady stage of creep at 77°K: a - micropattern after $\sigma_{\rm o} = 0.65 \; {\rm kg/mm^2}; \; b$ - micropattern after 7 hr creep $(\sigma_{\rm o} = 0.65 \; {\rm kg/mm^2}): \; {\rm X} \; 750.$

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Low-temperature deformation is also known to be connected with the formation of a large number of point defects, i.e. vacancies which, as we know from experiments in the recovery of electrical resistivity of cold-deformed metals [14], have very high mobility. The redistribution of the point defects, which amounts to the formation of paired vacancies, vacancy pile-ups, and their migration to dislocations, mer also lead to recovery during the low-temperature creep of lithium.